

4.1.2 The institution has adequate facilities for cultural activities, yoga, games (indoor, outdoor) and sports. (gymnasium, yoga centre, auditorium, etc.)

Yes.

Apart from academics, the institution is also very much keen in building physical and mental health of the students for holistic development. The physical fitness and health of the students is ensured

through regular sports and games activities while the mental health is sustained by Cultural, Yoga and Meditation sessions. Regular Yoga and Meditation sessions are conducted for the interested students through trained & invited faculty members in collaboration with Swami Vivekananda Center for Human Excellence and Heart fullness meditation center.

To encourage and promote the students possessing the cultural skills, the institution provides a platform through various clubs viz. Music, Dance, Fine Arts and other similar clubs for a holistic development. The office of the student affairs regularly organizes various activities for the students having diversified attributes. And the students were given opportunity to enhance their skills and exhibit during various cultural shows organized in and out of the campus. The indoor and outdoor sports facilities include air-conditioned Aerobics Centre, courts for Shuttle Badminton, Basketball, Ball Badminton, Throw ball and Volleyball, grounds for Football, Kho-Kho, Cricket (2 with cricket nets), cricket ground and Bowling Machines with auto feeder (two), 400mts running track and a Long Jump pit. The following are infrastructure facilities available in the institution to promote various activities as follows.

S. No.	Facilities	Area (Sq.m)
1	Auditorium	152.11Sq-M
2	Yoga & Meditation Center	30Sq-M
3	Student Activity Center (SAAC)	220Sq-M
4	Gymnasium	172 Sq-M
5	Indoor Sports	944.93Sq-M
6	Outdoor Sports	46694Sq-M
7	Indoor Stadium	1387.8 Sq-M

Further, all the above said facilities are effectively used to cater the needs of various internal stakeholders in a structured way by the department of physical education, and the office of the student affairs. Accordingly, financial assistance and incentives are also provided to the students who are participating in the outside competitions.

Additional Information:

1. Colleague of Geo-tagged pictures
2. Area details of the all the facilities
3. Photo gallery of the various activities