


Sustainable food choices on campus

The GMRIT is committed to provide healthy, affordable and sustainable food options for everyone across all of its campuses. The institution's primary dining contractor has committed to sourcing and serving more healthy, affordable, responsible and sustainable foods. This includes purchasing more local, ecological and humane foods.

Additionally, food vendors on campus offer a variety of healthy and affordable meal options that suit vegetarian, non-vegetarian and organic diets. A complete list of GMRIT food menu can be accessed online.

GMR Institute of Technology An Autonomous Institute Affiliated to JNTUK, Kakinada				 GMRIT Training Tomorrow's Engineers Today		
BOYS HOSTEL MESS MENU FOR OCT 2021						
10.10.21	11.10.21	12.10.21	13.10.21	14.10.21	15.10.21	16.10.21
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAK FAST						
Idly	pesarattu	MASALA UTTAPPAM	POORI	MY SOUR BONDA	IDLY	ONIAN'S DOSA
TOMATO ONIAN'S chutney	VEG UPMA	SAMBAR	ALOO BATANI CURRY	MASALA UPMA	PEANUT CHUTNEY	GINGER chutney
Coconut chutney	GINGER chutney	Coconut chutney		Coconut chutney	SAMBAR	Coconut Chutney
Podi/Ghee	Coconut Chutney	MILK		SAMBAR		
Milk/Coffee	Milk/Coffee	COFFEE	Milk/Coffee	Milk/Coffee	Milk/Coffee	Milk/Coffee
Plain Rice	Plain Rice	Plain Rice	Plain Rice	Plain Rice	Plain Rice	Plain Rice
TINDLY MASALA	GREEN PEAS MASALA	KADI PAKODA	GUTTI VANKAYA	KASMIRI PULAV	RAJMA MASALA	VEG BIRIYANI
CABBAGE PEAS PORIYAL	ALOO UPMA VEPUDU	BHENDI VEPUDU	BARABATHI VEPUDU	VEG KOFTHA	BRINJAL DRUMSTIC	SAMBAR
LEAF DAL	LOUKI DAL	TAMOTO DAL	MASALA DAL	LEAF DAL	MASALA DAL	CHANNA MASALA
Pepper Rasam	INGVA CHARU	MAJJIKA PULUSU	RASAM	RASAM	RASAM	pickle/ CURD
VEG CHUTNEY	TINDLY CHUTNEY	Gongura chutney	TOMATO CHUTNEY	PICKLE	Gongura chutney	ONIAN'S RAITHA
PAPAD	FRYAMS	Papad	FRYAMS	Curd	FRYAMS	
Curd	Curd	Curd	Curd		Curd	GULAB JAMOON
SNACKS						
VEG NOODLES	SAMOSA 02 NOS	HOT CHAAT	moori mixture	VEG MANCHURIAN	ALOO PUHA	PUNUGULU
SAUCE	SAUCE		with cut bajji			CO CONUT CHUTNEY
Tea	Tea	TEA	Tea	TEA	TEA	TEA
DINNER						
Plain Rice	Plain Rice	BAGARA RICE	Plain Rice	PLAIN RICE	ONIAN'S SALAD	Plain Rice
jeera curry leaf rice	DRUMSTIC TOMATO	POTALS VEPUDU	PL DOSA	AGAKARAKAI CURRY	CHAPATHI 04	TINDLY /ALOO LONG CUT
VEG CHITTINADU	RAW BANANA 65	Chicken gravy	co co nut chutney	CABBAGE PAKODA	ALOO TOMATO	TURAI CHANNAN DAL
louki SAMBAR	SAMBAR	Chiken CURRY OR	ALOO MASALA	PAPPU CHARU	CURD RICE	MUDDA PAPPU
Pickle	Pickle/FRYAMA	PANEER CURRY	SAMBAR	Pickle/CURD	Lemon pickle	Rasam
CURD	CURD	PLAIN RICE	Pickle	Gold Fingers	BUTTER MILK	Mango Pickle
	EGG FRY CURRY	RASAM/CURD	Curd	EGG BHURJI		EGG PULUSU
STAR PAYASAM	RASA KHAJA	FRUIT	FRUIT	BREAD KA MEETA	FRUIT	SEMIYA KESARI
Note: Menu may change according to the availability of the vegetables in the market, please co-operate.						
Snacks may also change subject to the availability in the market.						

Weekly Food menu served in Hostels