

### **Student food insecurity and hunger - Programme in place on student food insecurity.**

Food insecurity is a complex public health problem that exists among students attending higher education institutions. GMRIT aims to achieve all of its students should have access to nutritious, and affordable food. Following are the efforts being taken to achieve the target: Food pantries, meal-donation programmes, free weekly meals, cooking classes, and community partnerships. These programmes are often led by student volunteers, campus community members and staff/students.

**World Hunger Day** is observed globally on **28 May** every year. The objective of this day is to raise awareness about more than **820 million people** living in chronic hunger worldwide. GMRIT is celebrating World Hunger Day every year to create awareness among the students for not wasting food.



### **Awareness rally by student volunteers on the eve of World Hunger Day**

**Campus Kitchen events:** Participants in our free Campus Kitchen events work through simple, tasty recipes with the help of F&B volunteers. These sessions are a chance to socialize, improve on cooking skills and learn some new recipes. A variety of kitchen skills and focus on low-cost ingredients will be covered during the sessions so students can easily replicate these recipes at home. Cooking classes take place Thursdays on campus from 5:30 to 7:30 and all ingredients are provided.